2nd Announcement

MALAYSIAN ARTHROSCOPY SOCIETY
Annual Scientific Meeting / Annual General Meeting
2014

SPEED BUMPS IN AN ACTIVE LIFESTYLE
The Road To Recovery

31 October – 2 November 2014
At Gleneagles Penang, Penang

ACCOMMODATION
Hard Rock Hotel Penang
Batu Ferringhi Beach, 11100 Penang.
Tel: +604 881 1711
Fax: +604 881 2155
Website: www.penang.hardrockhotels.net
Email: info.penang@hardrockhotels.net

Park Royal Penang Resort
Batu Ferringhi Beach, 11100 Penang
Tel: +604 881 1133
Website: www.parkroyalhotels.com
Email: reserve.prpen@parkroyalhotels.com

CONFERENCE VENUE
Gleneagles Penang
1, Jalan Pangkor, 10050 Penang
Tel: +604 222 9111
Fax: +604 226 2994
Website: www.gleneagles-penang.com
Email: enquiry@gleneagles.com.my

SECRETARIAT
MALAYSIAN ARTHROSCOPY SOCIETY (MAS)
c/o Bloom Communications
P1-2-1, Andalucia, Pantai Hillpark
Jalan Pantai Permai, Bangsar South
59200 Kuala Lumpur, Malaysia
Tel: +603 2242 0902 / +6016 203 6018
Fax: +603 6207 6795
Email: secretariat@my-arthroscopy.com
Website: www.my-arthroscopy.com
MESSAGE FROM PRESIDENT OF MAS

Dear friends and colleagues,

On behalf of Malaysian Arthroscopy Society (MAS), I am very pleased to announce the 2nd ASM of MAS which will be held from 31st October to 2nd November 2014 in Penang.

MAS was established in 2013, with a mission to provide further opportunities to exchange information in the field of arthroscopy, knee, shoulder and sports medicine. In addition, its’ mission is to represent Malaysian Sports Surgeon as its’ Regional and International Society.

The theme for this Congress is Speed Bumps In An Active Lifestyle: The Road To Recovery. This congress will offer everyone excellent opportunities to interact with other Orthopaedic and Sports Medicine surgeons or even other participants who are interested in Arthroscopy and Sports Medicine.

We hope that you will take this opportunity to attend this MAS Congress and benefit from the various activities focused on knee, shoulder, arthroscopy and sports medicine. We have lined up interesting programmes for our Congress such Live Surgery Demonstration, Cadaveric Demonstration, Instructional Course Lectures (ICL) and Free Paper and Poster Presentations. We hope that this Congress will establish a platform of medical improvement in our field.

We trust that with Penang as the venue and Col (R) Dr Vejayan Rajoo as the Organising Chairman, all participants will enjoy the meeting and social event that have been planned throughout the Congress period. We hope you will enjoy the sight-seeing, food and numerous certified UNESCO World Cultural Heritages of Penang.

We are looking forward to seeing you in Penang!

Best Wishes,

Dr Hishamudin Masdar
President
Malaysian Arthroscopy Society

MESSAGE FROM ORGANISING CHAIRMAN

Dear colleagues and friends,

On behalf of the organising committee, it gives me a great pleasure to invite you to the beautiful island of Penang to take part in the 2nd Annual Scientific Meeting of Malaysian Arthroscopy Society. As you can remember, we had a very successful inaugural meeting of Malaysian Arthroscopy Society which coincidentally was also the first meeting of the ASEAN Arthroscopy Society, last November in Kuala Lumpur. This time around, the honour has been bestowed to Penang and I can assure you it is indeed a daunting task.

The organising committee has been working very hard to make sure the society lives up to the reputation by inviting prominent international and regional speakers to share their experiences. The committee is also mindful of several challenges encountered by our budding arthroscopic surgeons in the country, as such have been trying their level best to put up a short yet relevant and comprehensive programme. There will be plenty of opportunities to improve our clinical judgment as well as surgical skills.

This meeting is also designed to provide a platform for our arthroscopic surgeons and trainees to present oral and poster presentation. Not forgetting the many exciting culinary and scenic adventures awaiting you in this island which is also known as the Pearl of Orient.

Once again I welcome you to the 2nd Annual Scientific Meeting of our young and vibrant society from 31st October to 2nd November.

See you all soon!

Col (R) Dr Vejayan Rajoo
Organising Chairman
2nd MAS Annual General and Scientific Meeting

PROGRAMME OVERVIEW

<table>
<thead>
<tr>
<th></th>
<th>Friday 31st October 2014</th>
<th>Saturday 1st November 2014</th>
<th>Sunday 2nd November 2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning</td>
<td>Pre Conference Workshop</td>
<td>Lectures</td>
<td>Lectures</td>
</tr>
<tr>
<td>Lunch</td>
<td>Registration</td>
<td>Lunch</td>
<td>The End</td>
</tr>
<tr>
<td>Afternoon</td>
<td>Lectures</td>
<td>Lectures</td>
<td></td>
</tr>
<tr>
<td>Evening</td>
<td>MAS AGM</td>
<td>Faculty Dinner</td>
<td></td>
</tr>
</tbody>
</table>
MALAYSIAN ARTHROSCOPY SOCIETY COUNCIL MEMBERS

**President**
Dr Hishamudin Masdar

**Vice President**
Brig Jen Dato’ (Dr) Mohammad Amirrudin Hamdan

**Secretary**
Assoc Prof Dr Mohd Nizlan Mohd Nasir

**Asst Secretary**
Dr Harjeet Singh

**Treasurer**
Col (R) Dr Vejayan Rajoo

**Exco**
Dr Charanjeet Singh
Prof Dr Wan Hazmy Che Hon

**Advisor**
Datuk Dr Mohd Asri Abd Ghapar

**Auditors**
Dr Shamsul Iskandar Hussein
Col (R) Dr Azmi Abdul Latif

**Region Reps**
Dr Tengku Muzaffar Tengku Shihabudin (East Coast)
Dr Zulklifi Hassan (South)
Assoc Prof Dr Ng Wuey Min (Central)
Dr Mohd Shariffudin Said (North)

ORGANISING COMMITTEE

**Organising Chairman**
Col (R) Dr Vejayan Rajoo

**Scientific Chairman**
Assoc Prof Dr Mohd Nizlan Mohd Nasir

**Scientific Committee**
Dr Harjeet Singh
Dr Johan Ahmad

**Organising Committee**
Dr Soon Chee Khian
Dr Tang Weng Chong
Dr Gooi Siew Ghim

FACULTY

**NATIONAL**

Dr Hishamudin Masdar
Arthroscopy & Sports Surgeon
Hospital Selayang

Dr Charanjeet Singh
Arthroscopy & Sports Surgeon
Gleneagles Hospital Kuala Lumpur

Col (R) Dr Vejayan Rajoo
Arthroscopy & Sports Surgeon
Gleneagles Penang

Datuk Dr Mohd Asri Abd Ghapar
Arthroscopy & Sports Surgeon,
Prince Court Medical Center

Dr Rozaiman Ebrahim
Sport Physician
Hospital Tuanku Jaafar Seremban

Brig Gen Dato’ Dr Mohammad Amiruddin Hamdan
Arthroscopy & Sports Surgeon
Hospital Angkatan Tentera Tuanku Mizan

Assoc Prof Dr Ng Wuey Min
Arthroscopy & Sports Surgeon
University Malaya Medical Centre

Dr Harjeet Singh
Arthroscopy & Sports Surgeon
Columbia Asia Hospital – Bukit Rimau

Prof Dr Wan Hazmy Che Hon
Arthroscopy & Sports Surgeon
KPJ Seremban Specialist Hospital

Dr Mohd Zaidi Saleh
Sport Physician
Hospital Serdang

Dr Saw Khay Yong
Arthroscopy & Sports Surgeon
Kuala Lumpur Sports Medicine Centre

**INTERNATIONAL**

Dr Guy Bellier
Knee Surgeon
American Hospital Of Paris, France

Dr Peter Campbell
Shoulder Surgeon
Western Orthopaedic Clinic, WA, Australia

Dr Sanjay Sanatkumar Desai
Arthroscopy & Sports Surgeon
India

Dr Ashish Babhulkar
Arthroscopy & Sports Surgeon
India
Please complete the following registration form. Make sure to include ALL contact information (email address, mailing address, telephone & fax) to ensure receipt of your Registration Confirmation Email. All registration MUST be accompanied with payment. Registration without payments will not be processed.

**A. PERSONAL DETAILS**

<table>
<thead>
<tr>
<th>Title</th>
<th>Name on Badge: ____________________________ (Limited to 15 letters only)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Name as per IC / Passport</td>
<td></td>
</tr>
<tr>
<td>Institution / Hospital:</td>
<td>IC Number: ____________</td>
</tr>
<tr>
<td>Correspondence Address:</td>
<td></td>
</tr>
<tr>
<td>Postcode: ____________</td>
<td>Country: ____________</td>
</tr>
<tr>
<td>Fax: __________________________</td>
<td>Email: __________________________</td>
</tr>
<tr>
<td>Profession:</td>
<td>Orthopaedic Surgeon Others:</td>
</tr>
<tr>
<td>Specialty:</td>
<td></td>
</tr>
<tr>
<td>Dietary Requirement:</td>
<td>Vegetarian Non - Vegetarian</td>
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</tbody>
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*If you are registering for yourself, please proceed to part C.

**B. INSTITUTION / COMPANY SPONSOR DETAILS**

<table>
<thead>
<tr>
<th>Contact Person’s Name:</th>
<th>Institution / Company Name:</th>
<th>Mobile Number:</th>
<th>Office Number:</th>
<th>Email:</th>
</tr>
</thead>
</table>

*Institution / Company Sponsor details are compulsory if you are a sponsor and would like to be kept updated on this registration.

**C. REGISTRATION FEES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Meeting Package</th>
<th>Post Early Bird (1 Aug – 30 Sept 2014)</th>
<th>Onsite (1 Oct 2014 to onsite)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAS Member (Local)</td>
<td>Lectures Only</td>
<td>RM 1,250</td>
<td>RM 1,550</td>
</tr>
<tr>
<td></td>
<td>Lectures + Hotel (2 Nights)</td>
<td>RM 2,050</td>
<td>RM 2,350</td>
</tr>
<tr>
<td>Non MAS Member (Local Overseas)</td>
<td>Lectures Only</td>
<td>RM 1,650</td>
<td>RM 1,950</td>
</tr>
<tr>
<td></td>
<td>Lectures + Hotel (2 Nights)</td>
<td>RM 2,450</td>
<td>RM 2,750</td>
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</table>

If you are a MAS Member please circle which category: Life Member / Ordinary Member / Assoc Member.

MAS No: ____________

If your membership detail is not filled in or is no longer current, your registration will automatically be processed as a Non-MAS Member.

If you wish to update your membership immediately or check your status, please contact MAS Secretariat at +603 2242 0902 / secretariat@my-arthroscopy.com

**D. PAYMENT**

Please select payment mode:

- Bank-in Of Cash or Cheque (Cheque No: ____________) Letter Of Guarantee
- Online Transfer or Telegraphic Transfer Local Purchase Order (LPO)

**PAYMENT**

All payments are to be issued in favour of **MALAYSIAN ARTHROSCOPY SOCIETY**

Account Number: 8000913139
Bank Name: CIMB Bank
Bank Address: Lucky Garden, Bangsar, Kuala Lumpur
Swift Code: CIBBMYKL

**CONFERENCE SECRETARIAT**

MALAYSIAN ARTHROSCOPY SOCIETY
c/o BLOOM COMMUNICATIONS
P1-2.1, Andalucia, Pantai Hill Park,
Jalan Pantai Permai, Bangsar South,
59200 Kuala Lumpur, Malaysia.
Tel: +603 2242 0902 / +6016 203 6018
Fax: +603 6207 6795
Website: www.my-arthroscopy.com
Email: secretariat@my-arthroscopy.com

**CANCELLATION AND REFUND POLICY**

The secretariat must be notified in writing of all cancellations. Refund will be made only after the conference and only applicable under following circumstances.

**Cancellation on or before 31st August 2014**: 50% refund

**Cancellation after 31st August 2014**: No refund.

If no refund is required but a change in participant registration is needed, then the Secretariat must be informed in writing via email to secretariat@my-arthroscopy.com
**Personal Particulars**

- **Salutation:** Prof ☐  A/Prof ☐  Dr ☐  Mr ☐  Ms ☐
- **Gender:** Male ☐  Female ☐
- **Full Name:**
  (as per NRIC / Passport)
- **Year of Birth:**
- **Correspondence Address:**
- **Postal Code:**
- **State:**
- **Tel No:**
- **Fax No:**
- **Country:**
- **Email:**

**Category of Membership** (*see below for description of categories*)

- ☐ Ordinary
- ☐ Associate
- ☐ Honorary

**Subscription** (*Please select either A or B and tick accordingly*)

(A) **Annual Subscription for ALL Categories**

- ☐ 1 January 20____ to 31 December 20____
- Fee in RM: 25.00
- Total in RM: 25.00

(B) **Life Member**

- ☐ Life Membership (if your age is below 50 years old)
  - Fee in RM: 500.00
- ☐ Life Membership (if your age is above 50 years old)
  - Fee in RM: 250.00
- **TOTAL AMOUNT**

**Payment Mode** (*Please attach bank-in slip as proof of payment*)

- ☐ Cash
- ☐ Cheque

All payments are to be issued in favour of “MALAYSIAN ARTHROSCOPY SOCIETY”

- Account No: 8000914029
- Bank: CIMB Bank

**Acknowledgement**

- Signature ____________________________ Date of Application ____________________________

*Description of Member Category*

**Ordinary:** Surgeons practicing in Malaysia who have an exclusive interest in arthroscopy and related surgery AND have obtained a post-graduate qualification in surgery and have undergone a training programme in orthopaedic surgery

**Associate:** Medical graduates who are undergoing training programmes in orthopaedic surgery, surgeons or physicians who maintain a continuous interest in arthroscopy and related surgery while practising in a closely allied specialty and those practising other non-allied medical sciences but have a keen interest in arthroscopy and related surgery

**Honorary:** Elected from persons of distinction who have made outstanding contribution to the progress in the art and practice of arthroscopy and related surgery.

**Emeritus:** Conferred by the society on members who have rendered valuable services to the society after their retirement from active practice.
### Day 1
#### Friday 31st October 2014
**Venue:** Hard Rock Hotel

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Programme</th>
</tr>
</thead>
<tbody>
<tr>
<td>0800</td>
<td>0815</td>
<td>Pre-conference Workshop A (By Arah Tenang)</td>
</tr>
<tr>
<td>0815</td>
<td>0830</td>
<td>Pre-conference Workshop B (Available)</td>
</tr>
<tr>
<td>0900</td>
<td>1200</td>
<td>Registration</td>
</tr>
<tr>
<td>1400</td>
<td>1500</td>
<td>Plenary 1</td>
</tr>
<tr>
<td>1500</td>
<td>1530</td>
<td>My ACL Evolution</td>
</tr>
<tr>
<td>1530</td>
<td>1600</td>
<td>Developing Orthopaedic Fraternity And Networking</td>
</tr>
<tr>
<td>1600</td>
<td>1630</td>
<td>Tea Break, Networking &amp; Exhibit Visit</td>
</tr>
<tr>
<td>1630</td>
<td>1700</td>
<td>Treating Instability In Professional Athletes - The WOC Experience</td>
</tr>
<tr>
<td>1700</td>
<td>1800</td>
<td>Updates On Registries</td>
</tr>
<tr>
<td>1800</td>
<td>2000</td>
<td>Mas Agm</td>
</tr>
</tbody>
</table>

### Day 2
#### Saturday 1st November 2014
**Venue:** Gleneagles Penang

<table>
<thead>
<tr>
<th>Start</th>
<th>End</th>
<th>Programme</th>
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</thead>
<tbody>
<tr>
<td>0700</td>
<td>1800</td>
<td>Registration</td>
</tr>
<tr>
<td>0800</td>
<td>0830</td>
<td>ICL 1 (Shoulder)</td>
</tr>
<tr>
<td>0830</td>
<td>0900</td>
<td>Ensuring A Correct Decision In Treating The Unstable Shoulder</td>
</tr>
<tr>
<td>0900</td>
<td>1000</td>
<td>Cadaveric Demo: Shoulder (By Mitek)</td>
</tr>
<tr>
<td>1000</td>
<td>1030</td>
<td>Tea Break, Networking &amp; Exhibit Visit</td>
</tr>
<tr>
<td>1030</td>
<td>1230</td>
<td>Live Surgery: Shoulder (By Malex Medical)</td>
</tr>
<tr>
<td>1230</td>
<td>1300</td>
<td>Sponsored Lunch Symposium - Available</td>
</tr>
<tr>
<td>1300</td>
<td>1400</td>
<td>ICL 3 (Knee)</td>
</tr>
<tr>
<td>1400</td>
<td>1415</td>
<td>Management Of Patellofemoral Instability - Biomechanics, Imaging And Treatment Algorithm</td>
</tr>
<tr>
<td>1415</td>
<td>1430</td>
<td>Surgical Treatment Of Patella Instability</td>
</tr>
<tr>
<td>1430</td>
<td>1530</td>
<td>Knee Cadaveric Demo: Knee - Tricks &amp; Tips on ACL &amp; MPFL Reconstruction</td>
</tr>
<tr>
<td>1530</td>
<td>1730</td>
<td>Live Surgery: Knee - Revisiting Double Bundle (By Smith &amp; Nephew)</td>
</tr>
<tr>
<td>1730</td>
<td>1900</td>
<td>Tea Break And End Of Day 2</td>
</tr>
<tr>
<td>1930</td>
<td>onwards</td>
<td>Faculty Dinner (By Invitation Only)</td>
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### Day 3
#### Sunday 2nd November 2014
**Venue:** Hard Rock Hotel

<table>
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<th>Start</th>
<th>End</th>
<th>Programme</th>
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</thead>
<tbody>
<tr>
<td>0800</td>
<td>0815</td>
<td>ICL 5 (Knee)</td>
</tr>
<tr>
<td>0815</td>
<td>0830</td>
<td>Management Of Failed ACL Reconstructions</td>
</tr>
<tr>
<td>0830</td>
<td>0845</td>
<td>Meniscal Injuries - Current Concept In Treatment</td>
</tr>
<tr>
<td>0845</td>
<td>0900</td>
<td>Isolated PCL Injuries - What Can You Do, Doctor?</td>
</tr>
<tr>
<td>0900</td>
<td>0915</td>
<td>The Rationale Behind Rehabilitation Protocols For Knee Injury/ Surgery</td>
</tr>
<tr>
<td>0915</td>
<td>0930</td>
<td>Free Papers (Knee)</td>
</tr>
<tr>
<td>0930</td>
<td>0945</td>
<td>Free Papers (Knee)</td>
</tr>
<tr>
<td>0945</td>
<td>1000</td>
<td>Free Papers (Knee)</td>
</tr>
<tr>
<td>1000</td>
<td>1030</td>
<td>ICL 6 (Knee)</td>
</tr>
<tr>
<td>1030</td>
<td>1045</td>
<td>Arthroplasty In Shoulder Diseases: What To Use And Where To Use It?</td>
</tr>
<tr>
<td>1045</td>
<td>1100</td>
<td>Shoulder Session</td>
</tr>
<tr>
<td>1100</td>
<td>1115</td>
<td>Failed Arthroscopic Instability Surgery - What’s Next?</td>
</tr>
<tr>
<td>1115</td>
<td>1130</td>
<td>Muscle Transfers Around The Shoulder</td>
</tr>
<tr>
<td>1130</td>
<td>1145</td>
<td>Repair Of The Forgotten Tendon</td>
</tr>
<tr>
<td>1145</td>
<td>1200</td>
<td>The Rationale Behind Rehabilitation Protocols Of Shoulder Injury/ Surgery</td>
</tr>
<tr>
<td>1200</td>
<td>1210</td>
<td>Free Papers (Shoulder)</td>
</tr>
<tr>
<td>1210</td>
<td>onwards</td>
<td>Free Papers (Shoulder)</td>
</tr>
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End of Day 3 & See You Next Year