3rd Borneo Arthroscopy Scientific Course

15 – 16 November 2018

Auditorium, Hospital Queen Elizabeth II
Kota Kinabalu, Sabah

Early Bird
By 30/09/2018
Specialist - RM125
Medical Officer - RM100
Paramedic - RM50

Late Registration
After 30/09/2018
Specialist - RM250
Medical Officer - RM200
Paramedic - RM100

Closing Date: 31 October 2018

Registration Form

Title/Name: Dato’ / Datin / Dr. / Mr. / Ms.
Position: ___________________________ Mobile: ___________________________
Email: ___________________________ Address: ___________________________
Hospital: ___________________________

Payment
Payable to: Persatuan Ortopedik Kota Kinabalu Sabah
Bank Islam Acc No: 10016010098693
Outstation cheque kindly include additional charge of RM 0.50
☐ Cash ☐ Cheque ☐ Bank In ☐ LPO Amount: RM ___________
(Kindly Fax: 088-272 454 / 237 537 or email bankslip/LPO to ortopedik.hq@mo.h.gov.my)

For more information contact:
- Dr. Tan (012-827 8212) - MA Azman (014-879 6126) - MA Jonathan (016-837 107)
- Dr. Jazlan (010-221 6911) - MA Andrew (019-820 0801) - Sister Goh (012-866 9115)
- Dr. Thong (012-254 9193) - Mrs. Rina (019-811 1215) - Ms. Wethney (019-934 8678)
THEME
THE KNOWLEDGE RESTORATION
OF SHOULDER STABILITY

PURPOSE
To provide training in basic principles of shoulder arthroscopy and the operative procedures for shoulder instability.

OBJECTIVES
- To identify the risk factors and mechanism of injury for shoulder instability.
- To diagnose shoulder instability based on a history and clinical examination.
- To understand the radiological findings associated with shoulder instability and the indications of imaging.
- To have an understanding of the management options - conservative, rehabilitation and surgical options for shoulder instability.

WHO SHOULD ATTEND?
- Specialists
- Medical Officers
- Medical assistants
- Nurses
- Physiotherapists

15th November 2018, Thursday

<table>
<thead>
<tr>
<th>TIME</th>
<th>TOPIC</th>
<th>SPEAKER</th>
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<tbody>
<tr>
<td>7:45am – 8:15am</td>
<td>Registration</td>
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<tr>
<td>8:15am – 8:45am</td>
<td>Welcome Speech &amp; Official Opening</td>
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<td>8:45am – 9:00am</td>
<td>Group Photo</td>
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<td>9:00am – 9:30am</td>
<td>Tea Break</td>
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<tr>
<td>9:30am – 10:00am</td>
<td>Shoulder Stability: Anatomy and Biomechanics</td>
<td>Dr Leong Wan Hee</td>
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<td>10:00am – 10:30am</td>
<td>Gleno-humeral Instability</td>
<td>Dr Leong Wan Hee</td>
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<tr>
<td>10:30am – 11:00am</td>
<td>Arthroscopy vs Open Surgery</td>
<td>Dr Soon Chee Khian</td>
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<tr>
<td>11:00am – 11:30am</td>
<td>Acute Instability vs Chronic Instability</td>
<td>Dr Soon Chee Khian</td>
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<tr>
<td>11:30am – 12:30pm</td>
<td>Bankart Procedure</td>
<td>Datuk Dr Mohd Asri Ghapar</td>
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<tr>
<td>12:30pm – 1:30pm</td>
<td>Latarjet Procedure</td>
<td>Dato’ Dr Mohammad Amiruddin Hamdan</td>
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<tr>
<td>1:30pm – 2:30pm</td>
<td>Lunch</td>
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<td>2:30pm – 3:30pm</td>
<td>Pre-operative Rehabilitation</td>
<td>Dr Redzal Abu Hanifah</td>
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<td>3:30pm – 4:30pm</td>
<td>Post-operative Rehabilitation</td>
<td>Dr Mariam George Mathew</td>
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<td>4:30pm – 5:00pm</td>
<td>Q &amp; A</td>
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16th November 2018, Friday

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<tr>
<th>TIME</th>
<th>TOPIC</th>
<th>SURGEON</th>
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<tbody>
<tr>
<td>9:00am – 12:00pm</td>
<td>Soft Tissue Bankart Procedure</td>
<td>Datuk Dr Mohd Asri Ghapar</td>
</tr>
<tr>
<td>12:00pm – 3:00pm</td>
<td>Latarjet Procedure</td>
<td>Dato’ Dr Mohammad Amiruddin Hamdan</td>
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