

Organised by:



7th

Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) and Malaysian Arthroscopy Society (MAS) Annual Scientific Meeting / Annual General Meeting

2019

Theme:

Knee & Shoulder Arthroscopy - The ASEAN Flavour



17th to 19th October 2019



Shangri-La Hotel Kuala Lumpur, Malaysia



REGULAR REGISTRATION

Deadline: 30th September 2019

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▶ WELCOME MESSAGE FROM PRESIDENT OF MALAYSIAN ARTHROSCOPY SOCIETY (MAS)

Dear Colleagues,

Coming into 2019, the Malaysian Arthroscopy Society (MAS) has spent the last six years improving on and bringing awareness to the value of arthroscopic surgery to our country. We continue in realising our society's goals to promote, encourage, support and foster through continuing medical education functions; the development and dissemination of knowledge in the discipline of arthroscopic surgery to improve upon the diagnosis and treatment of diseases and injuries of the musculoskeletal system.

I would like to take this opportunity to show gratitude to ASSA for entrusting our society with the task of hosting this year's regional conference. It is with great pleasure that I invite you to join us at the Combined Meeting of the 7th Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) and 7th Malaysian Arthroscopy Society Annual Scientific Meeting 2019 happening from 17th to 19th October 2019. This year's meeting will be focused on the Knee and Shoulder in the context of how injuries and surgeries are managed within a South-East Asian context. The Organising Committee, under the leadership of Col (R) Dr Azmi Abdul Latif and Assoc Prof Dr Mohd Nizlan Mohd Nasir are working tirelessly in putting together a comprehensive and extensive scientific programme that would benefit your practice, no matter where you are from.

We are proud to share our beloved city of KL with you this year. We believe you are bound to have a wonderful time with your family outside the conference hours, experiencing the best of food and fun that the city has to offer. I can't think of a better occasion to experience both business and leisure that won't take you too far away from home.

I look forward to having you join us in Kuala Lumpur in October!

Warm Regards,

Brig Gen Dato' Dr Mohammad Amirrudin Hamdan
President
Malaysian Arthroscopy Society
2017 - 2019

▶ WELCOME MESSAGE FROM ORGANISING CHAIRMAN OF 7TH ASSA-MAS ASM 2019

I would like to welcome each and every member of the Arthroscopy fraternity from Malaysia and our neighbouring regions, including Trainees and Allied Health Professionals to join us at the Combined Meeting of the 7th Annual Meeting of the ASEAN Society for Sports Medicine and Arthroscopy (ASSA) and 7th Malaysian Arthroscopy Society Annual Scientific Meeting 2019.

We appreciate the feedback we have received over the years in regard to our annual conference and have focused on fine-tuning the meeting to suit our local communities, while at the same time maintaining international meeting standards. This year, the theme we have chosen focuses on South-East Asian approach to Knee and Shoulder arthroscopy, popular areas for sports surgery in our countries. From the committee's experience and as seen in international arthroscopy meetings, these areas are experiencing rapid advancements. As such, we hope to provide you with sessions that ideally encompass the latest findings and updates on the specific areas in relation to Knee and Shoulder surgery. With the expertise of our very own Assoc Prof Dr Mohd Nizlan Mohd Nasir as Scientific Chairman for the upcoming meeting, I believe you will be provided with a great selection of lectures that we hope inspires your practice.

Kuala Lumpur is a city that provides a brilliant platform for such an event to be held. You will not only receive an education during this period, but also be able to enjoy the fascinating sights and sounds that this city has to offer, from the modern Petronas Twin Towers to the breathtaking limestone hills of Batu Caves. With the evolving traditions and modernisation on display in KL, it is a fitting location to have this meeting, which propagates a similar ideal that each of our ASEAN capital cities share.

I hope you will join us on this journey of learning in Kuala Lumpur. You will not want to miss the exciting and insightful experiences that lie ahead.

Best Regards,

Col (R) Dr Azmi Abdul Latif
Organising Chairman
7th ASSA-MAS ASM 2019

▶ MALAYSIAN ARTHROSCOPY SOCIETY COUNCIL MEMBERS 2017-2019

President	Brig Gen Dato' Dr Mohammad Amirrudin Hamdan
Vice President	Dr Ng Wuey Min
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Regional Representative	Dr Harjeet Singh (<i>Central</i>) Brig Gen Dr Musa Kasmin (<i>North</i>) Dr Zulkifli Hassan (<i>South</i>) Dr Nik Mohd Fatmy Nik Mohd Najmi (<i>East Coast</i>) Dr Leong Wan Hee (<i>East Malaysia</i>)

▶ 7th ASSA-MAS ASM 2019 ORGANISING COMMITTEE

Organising Chairman	Col (R) Dr Azmi Abdul Latif
Co-Organising Chairman	Dr Shamsul Iskandar Hussein
Scientific Chairman	Assoc Prof Dr Mohd Nizlan Mohd Nasir
Scientific Committee	Dr Azammudin Alias Dr Harjeet Singh Dr Mohamad Razip Sirat Dr Mohd Zaidi Hj. Saleh Brig Gen Dr Musa Kasmin Dr Raymond Yeak Dieu Kiat Dato' Dr Shahrulazua Ahmad Dr Soon Chee Khian Assoc Prof Dr Tengku Muzaffar Tengku Md. Shihabudin Dr Teo Seow Hui

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Assoc Prof Dr Bancha Chernchujit
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Col (R) Dr Vejjayan Rajoo
Malaysia

Prof Dr Wan Hazmy Che Hon
Malaysia

Prof Dr Yong Girl Rhee
Korea

Prof Dr Yoo Jae Chul
Korea

► 7th ASSA-MAS ASM 2019 PROGRAMME OVERVIEW

Day 1 – 17th October 2019 (Thursday)

Time (hrs)	Lecture Hall A	Lecture Hall B	Lecture Hall C
0630 - 1800	Registration Counter Opens		
0730 - 0830		ICL 1A.1 - Biceps Tendon And Its Anchorage <ul style="list-style-type: none"> • Indications For Tenotomy <i>Dr Travis Falconer</i> • Bicep Tenodesis <i>Dato' Dr Shahrulazua Ahmad</i> • Decision Making: Bicep Tenotomy Vs Tenodesis <i>Asst Prof Dr Thanathep Tanpowpong</i> • SLAP Lesion And Repair <i>Assoc Prof Dr Bancha Chernchujit</i> 	ICL 1B.1 - ACL Of Graft Type And Fixation Method <ul style="list-style-type: none"> • Patellar Tendon In ACL Reconstruction <i>Prof Dr Wan Hazmy Che Hon</i> • All Inside ACL Reconstruction <i>Dato' Dr Abd Wahab Abd Ghani</i> • Implantless ACL Reconstruction <i>Dr Edgar Michael T. Eufemio</i> • ACL Reconstruction: Avoiding Complications <i>Col (R) Dr Kok Choong Seng</i>
0830 - 0900	Plenary 1 - Rotator Cuff <i>Prof Dr Yong Girl Rhee</i>		
0900 - 0930	Plenary 2 - ACL Revision <i>Dr Dinshaw Pardiwala</i>		
0930 - 1000	Tea Break & Exhibit Visit		
1000 - 1030	Cadaveric Demo - AC Joint Reconstruction <i>Dr Peter Campbell</i>		
1030 - 1200	Symposium 1A.1 - AC Joint Injury <ul style="list-style-type: none"> • Understanding The Biomechanics Of The AC Joint <i>Dr Travis Falconer</i> • Surgical Concepts In Fixation <i>Dr Peter Campbell</i> • Why Do AC Joint Reconstructions Fail? <i>Dr Peter Campbell</i> • Rehabilitation After An AC Joint Reconstruction <i>Dr Rozaiman Ebrahim</i> 	Symposium 1B.1 - Meniscus <ul style="list-style-type: none"> • Meniscus Injury - Preservation Vs Excision <i>Dr IGM Febry Siswanto</i> • Meniscal 'Ramp' Lesions - My Way <i>Assoc Prof Dr Bancha Chernchujit</i> • Dealing With Root Lesions <i>Prof Dr Ahn Jin Hwan</i> • Meniscus Repair For Complex Radial Tears Of The Lateral Meniscus - Technique And Outcomes <i>Dr Dinshaw Pardiwala</i> 	Free Paper Oral Presentations
1200 - 1230	Lunch Symposium by Malex Medical Asia	Lunch Symposium by Athrotech & Arthrofix	
1230 - 1330	Lab Lecture by Malex Medical Asia in Lab Lecture Hall	Lab Lecture by Athrotech & Arthrofix in Lab Lecture Hall	
1330 - 1500	Symposium 1A.2 - ACL <ul style="list-style-type: none"> • Evolving Anatomy Of ACL <i>Dr Ross Radic</i> • Graft Choices And Fixation In High Demand Athletes <i>Col (R) Dr Vejayan Rajoo</i> • The Role Of Extraarticular Lateral Tenodesis Augmentation In ACL Reconstruction <i>Asst Prof Dr Lingaraj Krishna</i> • Return To Sports After ACL Reconstruction <i>Dr Enrique Leonardo C. Pasion</i> • ACL Reconstruction Surgery In Reducing Internal Rotation <i>Dr Ludwig Andre Pontoh</i> 	Symposium 1B.2 - Sports Medicine: Upper Limb <ul style="list-style-type: none"> • Traumatic & Multidirectional Instability: Role Of Conservative Management In Full Contact Sports <i>Assoc Prof Dr Abdul Halim Mokhtar</i> • Rotator Cuff Tendinopathy - Management Strategy <i>Dr Arshad Puji</i> • Rehab Programme After Cuff Repair <i>Dr Malini Karupiah</i> • Role Of Rehab In Scapulothoracic Dyskinesia <i>Dr Kamaljeet Singh</i> 	Free Paper Oral Presentations

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Day 1 – 17th October 2019 (Thursday)

Time (hrs)	Lecture Hall A	Lecture Hall B	Lecture Hall C
1500 - 1530	Cadaveric Demo - Remnant-Preserving PCL Reconstruction <i>Prof Dr Ahn Jin Hwan</i>		
1530 - 1600	Tea Break & Exhibit Visit		
1600 - 1730	Symposium 1A.3 - PCL And Multiligament <ul style="list-style-type: none"> Evaluations And Management Of PCL Injuries <i>Dr Dinshaw Pardiwala</i> Transeptal Remnant Preserving PCL Reconstruction <i>Prof Dr Ahn Jin Hwan</i> Multiligament Injury Of The Knee - Approach To Treatment <i>Dr Jose Antonio San Juan</i> PCL Avulsion Injury - Arthroscopic Repair Or Mini-Open Technique? <i>Assoc Prof Dr Chanakarn Phornphutkul</i> Arthroscopic Popliteus Reconstruction <i>Assoc Prof Dr Bancha Chernchujit</i> 	Symposium 1B.3 - Orthopedic Trainees <ul style="list-style-type: none"> Shoulder Examination For Instability Shoulder Examination For Cuff Injuries Knee Examination (Excluding Patellofemoral Instability) Examination Approach For Patellofemoral Instability OSCE Quiz Rehab Principles - Knee Reconstruction Rehab Principles - Shoulder Surgery 	Free Paper Oral Presentations
1900 onwards	Faculty Dinner (By Invitation Only)		

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Day 2 – 18th October 2019 (Friday)

Time (hrs)	Lecture Hall A	Lecture Hall B	Lecture Hall C
0630 - 1800	Registration Counter Opens		
0730 - 0830		ICL 2A.1 – Osteotomy Around The Knee <ul style="list-style-type: none"> History And Indication Of Osteotomy <i>Dr Ross Radic</i> Crossfire: Medial Compartment OA: HTO Vs UKA <i>Prof Dr Azhar Mahmood Merican</i> <i>Dr Dave Lee Yee Han</i> 	ICL 2B.1 – The Rotator Cuff: Repair Techniques <ul style="list-style-type: none"> Constructing An Ideal Repair <i>Prof Dr Yoo Jae Chul</i> Evaluation And Management Of Intrasubstance Tears <i>Prof Dr Yong Girl Rhee</i> Single Row Repair - Indications And Technique <i>Dr Soon Chee Khian</i> Double Row Repair – Indications And Technique <i>Prof Dr Yong Girl Rhee</i>
0830 - 0900	Plenary 3 – My Experience In ACL Surgery <i>Prof Dr Ahn Jin Hwan</i>		
0900 - 1030	Officiation Ceremony & Keynote Lecture Enhancing The Golden Hours - Issues And Challenges In Motorsports Emergency Medical Services <i>Major Gen. Prof Dato' Dr Mohd Zin Bidin</i>		
1030 - 1100	Tea Break & Exhibit Visit		
1100 - 1130	Cadaveric Demo – Rotator Cuff Repair <i>Prof Dr Yong Girl Rhee</i>		
1130 - 1300	Symposium 2A.1 – Foot & Ankle <ul style="list-style-type: none"> Lateral Ankle Instability: Open Vs Arthroscopic Reconstruction <i>Dr Leow Voon Chin</i> Osteochondral Lesions Of The Talus: Current Treatment Strategies <i>Dr Mohammad Izani Ibrahim</i> Achilles Tendon Injuries: Treatment In High-Demand Athletes <i>Dr Mohd Saiful Adzuwan Mat Rodi</i> High Ankle Sprain / Injuries: Updates On Treatment <i>Dr Mohd Fadhli Miskon</i> Posterior Ankle Scope Indications <i>Dr Mohammad Izani Ibrahim</i> 	Free Paper For ASSA Countries	
1300 - 1330	Lunch Symposium 3	Lunch Symposium 4	ASSA Board Meeting
1330 - 1500	Lunch & Exhibit Visit		
1500 - 1600	Azmi Abdul Latif Award Judging Session	Best Poster Award Judging Session	
1600 - 1630	Tea Break & Exhibit Visit		
1630 - 1800		MAS AGM	

► 7th ASSA-MAS ASM 2019 PROGRAMME OVERVIEW

Day 3 – 19th October 2019 (Saturday)

Time (hrs)	Lecture Hall A	Lecture Hall B	Lecture Hall C
0630 - 1330	Registration Counter Opens		
0730 - 0830		ICL 3A.1 – Cartilage Injuries <ul style="list-style-type: none"> Osteochondral Defects: Evaluation And Management <i>Dr Ross Radic</i> Microfracture And Scaffolds - Surgical Technique and Outcomes <i>Assoc Prof Dr Denny Lie Tijauw Tjoen</i> Stem Cells And Cartilage Repair <i>Dr Andri Lubis</i> Current Advances In Treatment <i>Dato' Dr Badrul Akmal Hisham Md Yusoff</i> 	ICL 3B.1 – Shoulder Instability <ul style="list-style-type: none"> Imaging In Shoulder Instability <i>Dr Maizatul Jamny Mahmood</i> Anterior Shoulder Instability - Treatment Of Soft Tissue Lesions <i>Prof Dr Yoo Jae Chul</i> Soft Tissue Based Surgical Techniques For Treatment Of Posterior Shoulder Instability <i>Assoc Prof Dr Alessandro Castagna</i> Anterior Shoulder Instability - Treatment Of Bony Lesions <i>Brig Gen Dato' Dr Mohammad Amirrudin Hamdan</i> Shoulder Instability: Role Of Arthroscopy In The Paediatric Age <i>Assoc Prof Dr Alessandro Castagna</i>
0830 - 0900	Plenary 4 – Transosseous RC Repair: Is The Pendulum Swinging <i>Assoc Prof Dr Alessandro Castagna</i>		
0900 - 1030	Symposium 3A.1 – Completing The Shoulder Ensemble <ul style="list-style-type: none"> Subcoracoid Impingement Col (R) <i>Dr Azmi Abdul Latif</i> Subscapularis Repair - My Preferred Technique <i>Asst Prof Dr Thanathep Tanpowpong</i> Reverse Shoulder Arthroplasty - Indications And Surgical PEARLS <i>Dr Ng Wuey Min</i> AC Joint OA - Management Strategy And Updates <i>Dr Jose Antonio San Juan</i> 	Symposium 3B.1 – Sports Medicine: Lower Limb <ul style="list-style-type: none"> Management Of Hamstring Injuries <i>Assoc Prof Dr Mohamad Shariff Abdul Hamid</i> Dealing With Complications Of ACL Reconstruction <i>Dr Syamsul Rizal Abu Amin</i> Rehabilitation In Revision ACL Cases <i>Dr Norlelawati Mohamad</i> Multiligament Reconstruction: Current Rehabilitative Approach <i>Dr Khairullina Khalid</i> 	Free Paper Oral Presentations
1030 - 1100	Tea Break & Exhibit Visit		
1100 - 1130	Cadaveric Demo - Arthroscopy In Lateral Decubitus <i>Assoc Prof Dr Alessandro Castagna</i>		
1130 - 1300	Symposium 3A.2 – Rotator Cuff <ul style="list-style-type: none"> Asian Rotator Cuff Footprint Dimension - Should We Do Suture Bridge? <i>Dr Tang Ha Nam Anh</i> Treatment Strategy In Partial Thickness Rotator Cuff Tear <i>Assoc Prof Dr Alessandro Castagna</i> Superior Capsular Reconstruction <i>Dr Siti Hawa Tahir</i> Tendon Transfers In Cuff Injuries <i>Prof Dr Yoo Jae Chul</i> 	Symposium 3B.2 – Knee: Last But Not Least <ul style="list-style-type: none"> Treatment Of Bucket-Handle Meniscus Tear <i>Asst Prof Dr Ich Khuy</i> Primary Patellofemoral Dislocators - What Next? <i>Dr Leong Wan Hee</i> Soft Tissue Reconstruction In Patellofemoral Instability <i>Dr Hishamudin Masdar</i> Direct Repair Of PLC And Its Outcome <i>Col (R) Dr Azmi Abdul Latif</i> 	Free Paper Oral Presentations
1300 - 1330	Conference Reflection Azmi Abdul Latif Award & Best Poster Award Presentation		
1330 - 1400	Closing Ceremony		

► **REGISTRATION FEES**

MALAYSIAN			
	MAS Member	Non-MAS Member	Masters Trainees
Early Bird (Before 15 th August 2019)	SOLD OUT		
Regular (16 th Aug - 30 th Sept 2019)	RM 1,400	RM 1,550	RM 1,000
Onsite (1st Oct 2019 onwards)	RM 1,600	RM 1,750	RM 1,150

* MAS Member : Life / Ordinary/ Associate Members

* Malaysian Non-MAS Member : Surgeons, Sports Physicians, Doctors, Allied Health Professionals

* Malaysian Masters Trainees: In the field of Arthroscopy of Sports Surgery

INTERNATIONAL			
	Delegate ASSA Countries	Trainee ASSA Countries	Delegate Non-ASSA Countries
Early Bird (Before 15 th August 2019)	SOLD OUT		
Regular (16 th Aug - 30 th Sept 2019)	USD 400	USD 300	USD 450
Onsite (1st Oct 2019 onwards)	USD 450	USD 450	USD 500

► **CONFERENCE VENUE**



Shangri-La Hotel Kuala Lumpur

11, Jalan Sultan Ismail,

50250 Kuala Lumpur, Malaysia.

Website: www.shangri-la.com/kualalumpur/shangrila

Room Category	Single Room Rates	Double Room Rates
Deluxe Room (King Bed)	RM 480.00++	RM 530.00++
Horizon Executive Room (King / Twin Bed)	RM 680.00++	RM 730.00++
Premier Selection Suite (King Bed)	RM 880.00++	RM 880.00++

To book your accommodation, visit the conference website and download the reservation form.

► **WE WELCOME**

- Orthopaedic Surgeons
- Sports Fellows
- Sports Physicians
- Masters Trainees
- Physiotherapists
- Nurses
- Medical Assistants
- Medical Officer

► **EXHIBITOR ENQUIRY**

To receive information regarding the sponsorship opportunities and exhibition for this conference, please contact the Conference Secretariat.

► **MAS MEMBERSHIP**

The registration price for MAS members is only applicable if your MAS membership is still valid. If your membership is no longer active, your conference registration will automatically be processed as a Non-MAS member.

Please contact the MAS Secretariat at +603 7931 2856 / +6016 203 6018 or secretariat@my-arthroscopy.com to check your membership status. If you wish to apply or renew your membership, you may download the form from the MAS website at www.my-arthroscopy.com.

**7th Annual Meeting of the ASEAN Society for
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Conference Secretariat:

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