

4th SHOULDER INSTABILITY COURSE PROGRAMME

PROGRAMME DAY 1

DATE : 24th November 2019, Sunday
VENUE : Vistana Hotel, KL

<u>TIME</u>	<u>AGENDA</u>
1200 – 1330	Registration and Lunch
1330 – 1400	Shoulder anatomy & biomechanics Brig Jen (Dr) Musa Kasmin
1400 – 1430	Shoulder instability radiological findings. How to interpret? Brig Jen (Dr) Fazil Ibrahim
1430 – 1500	Management of Shoulder Instability. Prof (Dr) Mohd Nizlan Mohd Nasir
1500 – 1530	Arthroscopic Bankart Repair. How I do it? Col (R) Dr Azmi Abdul Latif
1530 – 1600	Failed Arthroscopy Repair. What's next? Brig Jen Dato' (Dr) Mohammad Amirrudin Hamdan
1600 – 1630	Latarjet procedure. Indication and technique Dr Hishamudin Masdar
1630 – 1645	Tea Break / Check-In
1645	Proceed to HAT TM for ward round discussion
2000	Dinner (TBC)

PROGRAMME DAY 2

DATE : 25th November 2019, Monday
VENUE : HAT Tuanku Mizan

<u>TIME</u>	<u>AGENDA</u>
0730	Meet at Hotel Lobby; proceed to HAT TM
0800 – 0830	Rehabilitation after shoulder instability surgery Brig Jen (R) Datuk Dr Muhamad Fuad
0830 – 0850	Opening Ceremony
0830 – 0850	Group Photo Session
0900 – 1100	Shoulder Surgery I & II
1200 – 1245	Lunch
1245 – 1700	Shoulder Surgery III, IV & V
2000	Dinner (TBC)

PROGRAMME DAY 3

DATE : 26th November 2019, Tuesday
VENUE : HAT Tuanku Mizan

<u>TIME</u>	<u>AGENDA</u>
0800	Meet at Hotel Lobby; proceed to HAT TM
0900 – 1100	Shoulder Surgery VI
1100 – 1130	Questions & Answers/ Award Certificate of Participation Closing
1200	Lunch