

6TH BORNEO ARTHROSCOPY COURSE & 2ND SGH SPORTS COURSE

2025

Supported by:



MALAYSIAN ARTHROSCOPY SOCIETY

In collaboration with:



MALAYSIAN ASSOCIATION OF SPORTS MEDICINE



DR LEONG WAN HEE (SGH)



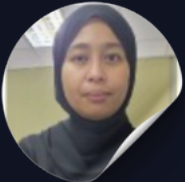
DR HAFIZ BIN DAUD (HKL)



DR LEONG YUNG CHIN (HSgB)



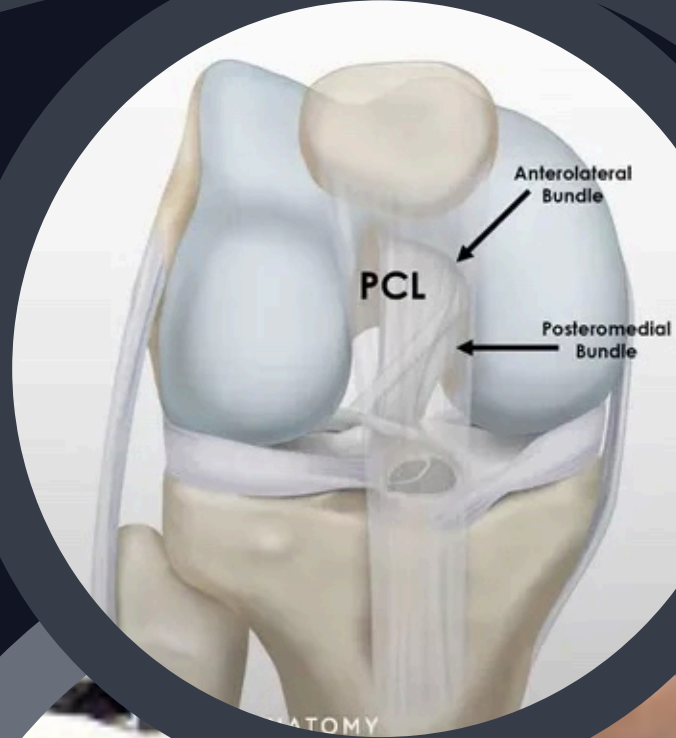
DR OR SU YIN (SGH)



DR EMIE ISMA BINTI ISMAIL (HKL)



DR YAU MAY YANN (SGH)



8:00 AM - 5:00 PM
14TH - 15TH JULY 2025



Contact us
sportsmedicinesgh@gmail.com



SGH DAYCARE COMPLEX,
SEMINAR ROOM

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TENTATIVE PROGRAM FOR 6TH BAC 2025 & 2ND SGH SPORTS COURSE

DAY 1 : 14TH JULY 2025 (MONDAY) - SEMINAR ROOM, DAYCARE CENTRE, SGH

TIME	ACTIVITY	
0800-0815 HRS	REGISTRATION	
0815-0830 HRS	OPENING SPEECH :	
LECTURE		
	SEMINAR 2-3	SEMINAR 1
0830-0850 HRS	PCL and PLC: Anatomy and Function - Ms Or SY	Sports Medicine in the world of sports - Dr Steffi Wong
0850-0910 HRS	Anatomical Overview of the MCL and LCL - Mr Leong WH	Sports Injury + Management - Dr Esther Elizabeth Ningkan
0910-0930 HRS	PCL reconstruction technique - Tips and tricks - Mr Hafiz B Daud	
0930-0950 HRS	Surgical Management of Lateral Knee Injuries - Mr Leong Yung Chin	Physiotherapy role in Sports Injury + Recovery Methods - Mr Danson Chiew Sin Hooi
0950-1010 HRS	Q+A Session	
1010-1030 HRS	BREAK	
1030-1050 HRS	Management and Treatment of Patellar Dislocation (First injury vs Recurrent) - Mr Leong WH	Psychology in Sports Recovery - Ms Rejina Gasin
1050-1110 HRS	Clinical evaluation of patellar dislocation - Mr Leong YC	
1110-1130 HRS	Surgical Considerations in the Management of Patellar Dislocation (soft tissue vs bony) - Mr Hafiz	Nutrition in Sports - Mr Gordon Pengiran
1130-1150 HRS	MRI findings of multiligament injury + MPFL - Dr Emie	
1150-1210 HRS	Post-Surgical rehabilitation of multiligament + MPFL Injuries - Dr Yau MY	Surgical Intervention for recurrent pain - Ms Or Su Yin
1210-1230 HRS	Q+A Session	
1230-1330 HRS	LUNCH TALK Introduction to BioBrace: A Soft Tissue Augmentation Innovation (Icon Medic)	
WORKSHOP		
1400-1600 HRS	PRE-OP ROUNDS	TAPING COURSE
1600-1630 HRS	END OF DAY 1	

TIME	ACTIVITY	LOCATION
0730-0800	REGISTRATION / LIGHT BREAK	Seminar Room 2-3, DCC, SGH
0800-1700	LIVE SURGERY - MR LEONG	OT 5 / SEMINAR ROOM, Daycare Complex, SGH
END		

